STUDENT EXCHANGE APPLICATION GUIDELINES

2024



WHY SHOULD I APPLY?

- » Professional and personal growth
- » Practical experience in a multicultural environment
- » Better employment possibilities
- » Better understanding of own field of study and its cultural context



BASIC INFORMATION



STUDENT EXCHANGE ABROAD

- » DIAK DEGREE STUDENTS CAN COMPLETE A PART OF THEIR DEGREE ABROAD IN STUDENT EXCHANGE PROGRAMMES
- >> YOU CAN STUDY OR COMPLETE A WORK PLACEMENT ABROAD
- >> TIMING OF THE STUDENT EXCHANGE
- THE RECOMMENDED TIMING VARIES IN DIFFERENT DEGREE PROGRAMMES
- DISCUSS THE TIMING OF YOUR EXCHANGE WITH YOUR STUDY COUNSELOR, CHECK OUR WEBSITE FOR RECOMMENDATIONS
- TYPICALLY DIAK STUDENTS GO FOR STUDENT EXCHANGE IN THEIR 3RD YEAR
- A MINIMUM 60 CREDITS COMPLETED BEFORE GOING ON EXCHANGE
- » APPLICATION ONE YEAR BEFORE THE PLANNED EXCHANGE, SECOND APPLICATION ROUND ONE SEMESTER BEFORE



DURATION OF THE STUDENT EXCHANGE

WORK PLACEMENT

- **» IN EUROPE: MINIMUM 2 MONTHS**
- **» OUTSIDE EUROPE: MINIMUM 2 MONTHS**

STUDIES IN A UNIVERSITY ABROAD

- **» ONE OR TWO SEMESTERS**
- >> MINIMUM 3 MONTHS



STUDENT EXCHANGE TYPES

- a) Studies abroad
- b) Work placement in Europe
- c) Work placement outside Europe





STUDYING IN A UNIVERSITY ABROAD

- » STUDYING AS AN EXCHANGE STUDENT IN A UNIVERSITY ABROAD IS A GOOD OPPORTUNITY TO DEVELOP INTERNATIONAL NETWORKS, LEARN ABOUT CULTURES AND GET A NEW PERSPECTIVE TO STUDIES BY SEEING HOW YOU OWN FIELD OF STUDY IS TAUGHT IN OTHER COUNTRIES.
- » DIAK STUDENTS CAN ONLY GO FOR STUDENT EXCHANGE TO DIAK PARTNER UNIVERSITIES.
- >> THE AGREEMENT DEFINES HOW MANY STUDENTS DIAK CAN ANNUALLY SEND TO THE UNIVERSITY.
- **»** IF THERE ARE MORE APPLICANTS THAN PLACES, THE SELECTION CRITERIA IS GPA.
- **» EXCHANGE STUDENTS DO NOT PAY TUITION FEES IN THE DESTINATION UNIVERSITY.**
- » SOME PARTNER UNIVERSITIES OFFER ALSO WORK PLACEMENT POSSIBILITIES. IT IS POSSIBLE TO COMBINE WORK PLACEMENT AND STUDIES.



STUDYING IN A UNIVERSITY ABROAD

>> SELECTING COURSES AT THE HOST UNIVERSITY

- DISCUSS THE COURSES WITH THE INTERNATIONAL ACADEMIC SUPERVISOR OF YOUR FIELD OF STUDY (CONTACT INFO IN THE END OF THE PRESENTATION)
- SELECT COURSES THAT CAN BE INCLUDED IN YOUR DIAK DEGREE

>> STUDENT EXCHANGE GRANT

- STUDYING IN A DIAK PARTNER UNIVERSITY IN THE EUROPEAN UNION (EU): ERASMUS+ GRANT
 - The grant is based on the duration (number of days) of the exchange (~ 500€/month)
 - Family grant for students with underaged children
 - Special needs grant, Green travel top up
- STUDYING IN A DIAK PARTNER UNIVERSITY OUTSIDE THE EUROPEAN UNION: ERASMUS+ GRANT
 - The grant is based on the duration (number of days) of the exchange (700€/month)
- MORE INFORMATION: https://www.diak.fi/en/studying/international-exchange/outgoingstudents/funding/



WORK PLACEMENT IN EUROPE

» FINDING A WORK PLACEMENT

- A. DIAK HAS PARTNER ORGANISATIONS IN A FEW EUROPEAN COUNTRIES. THE WORKING LANGUAGE IS ENGLISH; FINNISH OR THE LOCAL LANGUAGE.
 - Nursing: hospitals and health centres
 - Social services: Finnish seamen's mission, finnish schools and children's homes
- B. SOME OF OUR PARTNER UNIVERSITIES ARRANGE WORK PLACEMENTS IN THE AREA. THE WORKING LANGUAGE IS ENGLISH OR THE LOCAL LANGUAGE.
- c. IN EUROPE YOU CAN ALSO LOOK FOR AND ARRANGE WORK PLACEMENTS YOURSELF.
 - CHECK THE PLACEMENT GOALS AND CONTENTS OF YOUR DEGREE PROGRAMME CAREFULLY
 - CONTACT INTERESTING ORGANISATIONS THAT MIGHT PROVIDE TASKS THAT ARE SUITABLE FOR THE PLACEMENT
 - CHECK THE SUITABILITY OF THE ORGANISATION WITH THE INTERNATIONAL ACADEMIC SUPERVISOR OF YOUR FIELD OF STUDY



WORK PLACEMENT IN EUROPE

- **WORK PLACEMENT SUPERVISOR: EACH FIELD OF STUDY HAS AN INTERNATIONAL WORK PLACEMENT SUPERVISOR THAT IS NOT NECESSARY THE SAME PERSON THAT SUPERVISES PLACEMENTS IN FINLAND.**
- >> WORK PLACEMENT GRANT
 - ALL WORK PLACEMENTS IN THE EU:
 - **ERASMUS+ GRANT**
 - The grant is based on the duration (number of days) of the exchange (~ 600-700€/month)
 - Family grant for students with underaged children
 - Special needs grant
 - Green travel top up

WORK PLACEMENT OUTSIDE THE EU

- >> FINDING A WORK PLACEMENT
 - A. DIAK HAS PARTNER ORGANISATIONS IN ASIA AND AFRICA

B. YOU CAN LOOK FOR AND ARRANGE PLACEMENTS YOURSELF OUTSIDE EUROPE ONLY IN SPECIAL SITUATIONS: YOU HAVE LIVED IN THE AREA, YOU HAVE FAMILY OR OTHER SUPPORT NETWORK IN THE AREA, YOU KNOW THE AREA WELL. DIAK WILL EVALUATE THE SAFETY OF THE AREA.



WORK PLACEMENT OUTSIDE THE EU

- WORK PLACEMENT SUPERVISOR: EACH FIELD OF STUDY HAS AN INTERNATIONAL WORK PLACEMENT SUPERVISOR THAT IS NOT NECESSARY THE SAME PERSON THAT SUPERVISES PLACEMENTS IN FINLAND.
- **WORK PLACEMENT GRANT**
 - WORK PLACEMENT IN A DIAK PARTNER ORGANISATION OUTSIDE THE EUROPEAN UNION:

ERASMUS+ GRANT

- The grant is based on the duration (number of days) of the exchange (700€/month)
- WORK PLACEMENT IN AN ORGANISATION OUTSIDE THE EU THAT IS NOT A
 DIAK PARTNER:

FREE MOVER GRANT

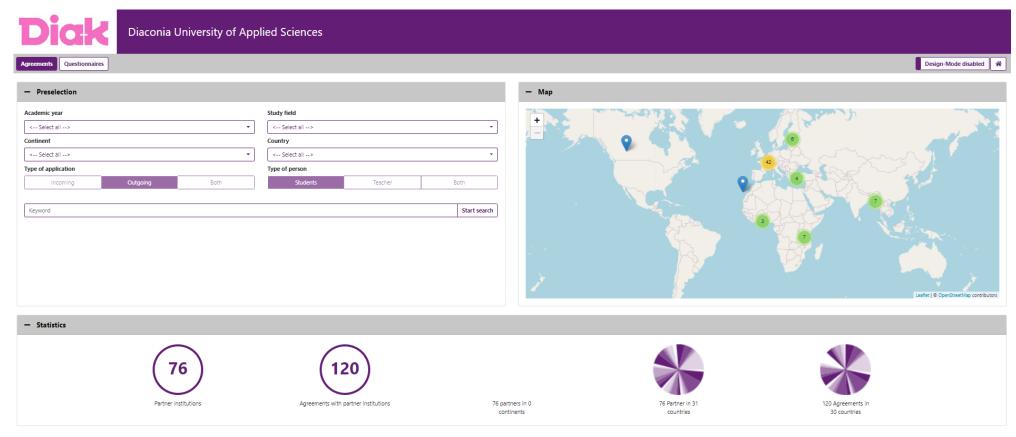
 Same grant for all, independent of the length of the exchange (1500€/ exchange)

EXCHANGE DESTINATIONS

STUDENT EXCHANGE DESTINATION DATABASE



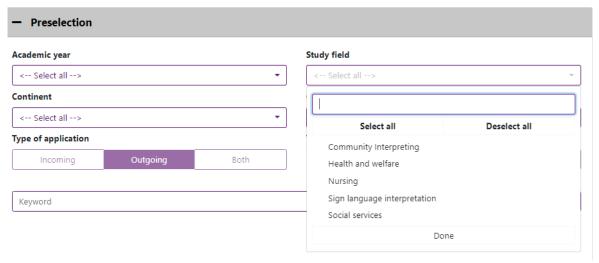
» https://www.diak.fi/en/studying/international/outgoing-students/exchange-destinations/





STUDENT EXCHANGE DESTINATION DATABASE

» SEARCH FOR YOUR FIELD OF STUDY



>> INFORMATION AVAILABLE UNDER "AGREEMENTS"



HOW TO CHOOSE YOUR DESTINATION?

CONTENTS (AVAILABLE COURSES/WORK TASKS), PROFESSIONAL GOALS

WORK PLACEMENT OR STUDIES, or a combination of these?

ALL INSTITUTIONS HAVE THEIR OWN THEMATIC FOCUSES -> SEARCH ONLINE

COUNTRY AND CULTURE

INSTITUTION SUPPORTS YOUR GOALS



APPLICATION PROCESS



APPLICATION PROCESS

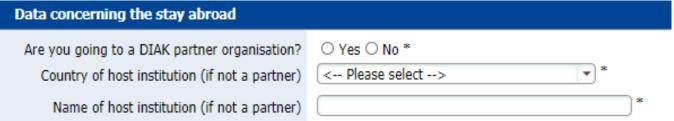


- **» DISCUSS THE TIMING OF THE EXCHANGE WITH YOUR STUDY GUIDANCE COUNCELLOR**
- **» APPLY DURING THE APPLICATION PERIOD IN FEBRUARY OR SEPTEMBER**
- » FILL IN THE ONLINE APPLICATION ON MOBILITY ONLINE
- » BOOK AN EXCHANGE INTERVIEW
- » APPLICATION MATERIAL IS AVAILABLE ON OUR WEBSITE: https://www.diak.fi/en/studying/international/outgoing-students/applying-for-exchange/



MOBILITY ONLINE APPLICATION FORM

- **» LOGIN WITH HAKA CREDINTIALS**
- » FILL IN ALL THE COMPULSORY FIELDS. THE FORM CANNOT BE SAVED.
- >> PLEASE ANSWER ALL THE QUESTIONS MOST TOPICS ARE ALSO DISCUSSED IN THE INTERVIEW
- » LIST 2-3 INTERESTING DESTINATIONS. 1. CHOICE IS YOUR PRIORITY.
- **» THE DESTINATIONS CAN BE DISCUSSED AND CHANGED IN THE INTERVIEW.**
 - » YOU CAN LIST BOTH UNIVERSITIES AND WORK PLACEMENT ORGANISATIONS IN THE SAME APPLICATION
 - » IF YOU ARRANGE THE WORK PLACEMENT YOURSELF, SELECT:
 - Are you going to a Diak partner organisation: NO
 - Select the country from the dropdown box
 - Write the name of the destination organisation, or if the exact organisation is not known yet, write the type of work your are looking for





SELECTION CRITERIA

PREVIOUS STUDIES ARE COMPLETED (PENDING ASSIGNMENTS MUST BE COMPLETED BEFORE THE EXCHANGE ORIENTATION)

EXCHANGE CONTENTS
AND SCHEDULE ARE IN
LINE WITH GRADUATION
PLANS

HEALTH AND LIFE SITUATION

APPLICANT IS SUITABLE FOR THE DESIRED DESTINATION

LANGUAGE SKILLS

APPLICANT IS WILLING TO INVEST TIME IN THE PROCESS AS IT REQUIRES A LOT OF INDEPENDENT WORK



PRACTICALITIES



COMPULSORY TRAINING

» ALL EXCHANGE STUDENTS PARTICIPATE IN ORIENTATION COURSE(S) IN THE SEMESTER PRIOR THE EXCHANGE

ALL STUDENTS:

KVS STUDENT EXCHANGE ORIENTATION 2cr



FUNDING

- **» ALL ACCEPTED STUDENTS WILL RECEIVE A GRANT FOR THE EXCHANGE**
- » EUROPEAN DESTINATIONS ERASMUS GRANT 500-700 €/MONTH
- » DIAK PARTNER ORGANISATIONS OUTSIDE EU ERASMUS GRANT 700 €/MONTH
- » WORK PLACEMENT IN ANOTHER ORGANISATION OUTSIDE EU FREE MOVER GRANT 1500 €/EXCHANGE
- » KELA STUDENT ALLOWANCE, STUDY LOAN AND HOUSING SUPPORT ARE AVAILABLE FOR ELIGIBLE STUDENTS ALSO DURING STUDENT EXCHANGE
- » IF YOU RECEIVE SOME OTHER SUPPORT IN FINLAND, PLEASE CONSULT THE AUTHORITY PROVIDING THE SUPPORT



INSURANCE & SAFETY

- » DIAK PROVIDES A TRAVELLER'S HEALTH INSURANCE FOR ALL EXCHANGE STUDENTS
- >> THE INSURANCE DOES NOT COVER LUGGAGE OR PERSONAL BELONGINGS
- » EU CITIZENS GOING TO EUROPEAN DESTINATIONS MUST GET A EUROPEAN HEALTH INSURANCE CARD
- » All students (including non-Finnish citizens) must notify the local Finnish embassy about their stay in the area. For instructions and forms, see formin.fi.
- >> FALCONY SYSTEM IN USE DURING THE EXCHANGE





- » INTERNATIONAL SERVICES: international.office@diak.fi
- » ASK VIA EMAIL OR BOOK AN ONLINE MEETING VIA EMAIL
- >> FACEBOOK-GROUP DIAKEXCHANGE

INTERNATIONAL ACADEMIC SUPERVISORS AT DIAK

International academic supervisors give advice on academic questions related to mobility: courses, work placement goals & contents and credit transfer.

>> SOCIAL SERVICES

Mika Alavaikko, Jaana Rintala

» NURSING AND HEALTH CARE

Helsinki: Hanna Dombret

» COMMUNITY INTERPRETING

Pirjo Pouttu





Share your exchange stories with us!

- » Would you like to share your international exchange experiences in Diak's communication channels and encourage other students to apply for international exchange?
- » Sign up as an interviewee: we publish exchange students' stories on <u>Diak's website</u>
- » Sign up as a social media ambassador: you get to share your exchange student life on Diak's Instagram and/or TikTok, eg. for a day or for a week
- » We are also happy to share exchange student content from your own social media channel – just tag @diakamk!
- » Are you interested? Email us: viestinta@diak.fi



THANK YOU!

International.office@diak.fi

