Studies for exchange students Spring 2019

**OPTION A**

**(More contact teaching)**

SUB0005B16S **Substance Abuse and Addictions (5 ECTS)** Learning outcomes: The students will be able to: • know different theories and concepts in substance abuse and addictions know the legislation and policies related to substance abuse and addictions • know different services in substance abuse (treatment) • apply different methods in identifying substance abuse and addictions • apply different work methods and advanced counselling skills in work with people with substance abuse problems • use family and community based methods in work with substance abusers Contents: • Theories and concepts of substance abuse, alcohol abuse, drug abuse, drugs, addictions, game addiction • Legislation and services • Different treatment approaches • Methods in identifying substance abuse or addiction • Work methods and advanced counselling skills in work with people with substance abuse and addictions problems • Preventive, family and community based work models in work with substance abuse and addictions

*Weeks 2-5*

MEN0005B16S **Mental Health and Wellbeing (5 ECTS)** Learning outcomes: The students will be able to: • use terminology and core concepts of mental health and wellbeing • identify current issues in mental health in different contexts • identify common types of mental health problems • apply the mental health legislation • know the different types of mental health services and how to refer service users to mental health services • utilize community based approach in work with people with mental health issues • identify on how cultural backgrounds effect to attitudes of mental health services Contents: • Concepts and approaches to mental health and wellbeing • Mental health services and legislation • Community based mental health services, mutual support organizations • Community issues in the treatment of mental health problems • Different cultural concepts of mental health

*Weeks 5-8*

SAP0005B16S **Social Action and Participation (5 ECTS)** Learning outcomes: The students will be able to: • identify strategies and models in community development • apply different models of social action and participation • work with different actors for community development • recognize practices of power and operation of power • plan and implement different activities of voluntary work in communities: • Strategies and models in community development • Social action and participation • Different actors in community development • Practices of power and operation of power • Activities of voluntary work in communities

*Weeks 6-14*

EXP0003B16S **Exploitation in a Global Frame (3 ECTS)** Learning outcomes: The students will be able to: • understand various processes behind global forms of exploitation • identify exploitative practices in local settings and analyze the local and global factors behind • understand the relevant legislation and policies • utilize the networks of different actors tackling different forms of exploitation in work with service user groups Contents: • Processes behind global forms of exploitation • Factors affecting exploitative practices (locally, globally) • Legislation and policies • Networks of actors tackling various forms of exploitation

*Weeks 14-19*

ESK0004B16S **E-Skills (4 ECTS)** Learning outcomes: The students will be able to: • use and apply different types of social media and e-services with service users • apply professional communication and offer guidance and advice in media and e-services • understand ethical principles and legal framework in online services • apply social media in social and community development work • know main developments in welfare technologies Contents: • E-services, online guidance and advice • Professional communication in media and e-services • Ethical principles and legal framework in digital services • Social media in social and community development work • Information technology

*Weeks 18-22*

**OPTION B**

**(More independent studies and blended learning)**

PMI0009B16S **Project Management and Innovation (9 ECTS )** Learning outcomes: The students will be able to: • know the process of developing and managing projects • write a project plan, implement the project and assess the project implementation • know the project cycle management • use networks and partnerships in professional practice • know different national and international funding instruments Contents: • Project development and planning • Project plan, project implementation and assessment • Project cycle management and evaluation • Networking and partnership working • Funding instruments

*Weeks 2-19*

CRI0005B16S **Crisis Work (5 ECTS)** Learning outcomes: The students will be able to: • understand definitions and approaches to different types of crisis, trauma and grief • recognize actors and services in crisis work • apply different methods and counseling approaches in work with people in crisis • recognize the potentialities of communities in crisis intervention Contents: • Definition and approaches to different types of crisis, trauma and grief • Actors and services in crisis work • Methods and counseling approaches including community based approach in crisis intervention • Professional counseling skills in crisis work

*Weeks 2-7*

SAP0005B16S **Social Action and Participation (5 ECTS)** Learning outcomes: The students will be able to: • identify strategies and models in community development • apply different models of social action and participation • work with different actors for community development • recognize practices of power and operation of power • plan and implement different activities of voluntary work in communities • Strategies and models in community development • Social action and participation • Different actors in community development • Practices of power and operation of power • Activities of voluntary work in communities

*Weeks 6-14*

EXP0003B16S **Exploitation in a Global Frame (3 ECTS)** Learning outcomes: The students will be able to: • understand various processes behind global forms of exploitation • identify exploitative practices in local settings and analyze the local and global factors behind • understand the relevant legislation and policies • utilize the networks of different actors tackling different forms of exploitation in work with service user groups Contents: • Processes behind global forms of exploitation • Factors affecting exploitative practices (locally, globally) • Legislation and policies • Networks of actors tackling various forms of exploitation

*Weeks 14-19*

ESK0004B16S **E-Skills (4 ECTS) Learning outcomes**: The students will be able to: • use and apply different types of social media and e-services with service users • apply professional communication and offer guidance and advice in media and e-services • understand ethical principles and legal framework in online services • apply social media in social and community development work • know main developments in welfare technologies Contents: • E-services, online guidance and advice • Professional communication in media and e-services • Ethical principles and legal framework in digital services • Social media in social and community development work • Information technology

*Weeks 18-22*