

## Support services in Helsinki

### Student counsellors

You can contact your local student counsellor in crises, mental health and emotional well-being matters. They can discuss with you and determine any further support needs you may have.

#### Counsellors

- **Maarit Heusala**, [maarit.heusala@diak.fi](mailto:maarit.heusala@diak.fi), +358 (0)40 509 0357
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### Student Chaplain

#### Student Chaplain for DSS students

**Tuija Samila**

+358 (0)50 347 8243, [tuija.samila@evl.fi](mailto:tuija.samila@evl.fi)

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### Workshops supporting learning

Students have the possibility to attend various workshops and groups supporting learning. The workshops are free of charge. Click the headlines!

#### Workshop for information searching

Support for information searching is available at the [library](#) in Helsinki. If you need assistance with information searching, please contact the library.

[markku.hiltunen@diak.fi](mailto:markku.hiltunen@diak.fi)

[marketta.fredriksson@diak.fi](mailto:marketta.fredriksson@diak.fi)

## Workshop for undone school work

Welcome to finish any pending assignments or school work. Support available both in Finnish and in English. Bring your own laptop, if possible.

### Schedule, autumn 2019

- on Tuesday 19 November at 4:30–6:30 pm
  - on Monday 2 December at 4:00–6:00 pm
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### Contact information

Questions? Contact the DSS team!

### Thesis support

Are you behind on your thesis work? Do you need help to get or make progress? Our thesis support service is here to help!

National thesis support workshops are organised once a month in 2019. You can attend the workshops remotely or in person at our Helsinki campus. See you there!

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### Dates

- Thursday 29 August 2:30–3:30 p.m.
- Thursday 26 September 2:30–3:30 p.m.
- Thursday 24 October 2:30–3:30 p.m.
- Thursday 28 November 2:30–3:30 p.m.

Collaborate

link: <https://eu.bbcollab.com/guest/D253B6A437D2A834392E32A647619C34>