

Support services in Helsinki

Student counsellors

You can contact your local student counsellor in crises, mental health and emotional well-being matters. They can discuss with you and determine any further support needs you may have.

Counsellors

- **Maarit Heusala**, maarit.heusala@diak.fi, +358 (0)40 509 0357
 - **Tiina Ikonen**, tiina.ikonen@diak.fi, +358 (0)40 509 6413
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Student deacon

Student deacon for DSS students

Tuija Samila

+358 (0)50 347 8243, tuija.samila@evl.fi

Workshops supporting learning

Students have the possibility to attend various workshops and groups supporting learning. The workshops are free of charge. Click the headlines!

Workshop for information searching

- Support for information searching is available at the [library](#) in Helsinki. Every Thursday until 29 November the service is available [online](#) at 3:00–4:00pm.

Schedule, autumn 2018

September

Tuesday 25 September at 4:30–7:00pm

October

- Tuesday 2 October at 12:30–3pm
 - Tuesday 9 October at 4:30–7pm
 - Tuesday 16 October at 12:30–3pm
 - Tuesday 23 October at 4:30–7pm
 - Tuesday 30 October at 12:30–3pm
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November

- Tuesday 6 November at 4:30–7pm
 - Tuesday 13 November at 12:30–3pm
 - Friday 23 November at 12–6pm (for finishing undone assignments)
 - Tuesday 27 November at 12:30–3pm
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December

Tuesday 11 December at 4:30–7pm

Workshop for undone school work

Welcome to finish any pending assignments or school work. Support available both in Finnish and in English. Bring your own laptop, if possible.

Schedule, autumn 2018

- on Monday 10 September at 4:00–6:00 pm (Lauri Uljas)
 - on Monday 8 October at 4:00–6:00 pm (Hanna Lamberg)
 - on Monday 5 November at 4:00–6:00 pm (Marianne Nylund)
 - on Friday 23 November, at 12:00–6:00 pm, A day for finishing undone assignments (Hanna Lamberg)
 - on Monday 10 December at 4:00–6:00 pm (Marianne Nylund)
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Contact information

Questions? Contact the DSS team!

A day for finishing undone assignments

This day is about getting unfinished tasks done. The programme consists of writing and guidance in supportive atmosphere. Support for information searching from the library.

Led by **Mia Mäkinen**, **Maarit Heusala** and other staff.

More information about registration later.

More information

- **Maarit Heusala**, maarit.heusala@diak.fi
 - **Mia Mäkinen**, mia.makinen@diak.fi
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Schedule, autumn 2018

Friday 23 November at 12–6pm

Thesis support

Are you behind on your thesis work? Do you need help to get or make progress? Our thesis support service is here to help!

National thesis support workshops are organised once a month in 2018. You can attend the workshops remotely or in person at our Helsinki campus. See you there!

Dates

- Thursday 23 August 2:30–3:30 p.m.
- Thursday 20 September 2:30–3:30 p.m.
- Thursday 25 October 2:30–3:30 p.m.
- Thursday 29 November 2:30–3:30 p.m.

Diak

Collaborate

link: <https://eu.bbcollab.com/guest/D253B6A437D2A834392E32A647619C34>